



Cancer Prevention, Screening and Quality of Life



Why are cancer programs important to Iowans?

Cancer impacts nearly every Iowan. Two in five Iowans will be diagnosed with cancer in their lifetime. It's a costly disease in terms of direct medical costs and the many emotional, social, financial, and spiritual challenges often experienced by cancer patients, survivors and their family members, friends, caregivers and employers.

The most common cancers in Iowa are lung cancer, breast cancer, prostate cancer, colorectal cancer and melanoma (a form of skin cancer).

In 2020, an estimated 6,400 Iowans will die from cancer — 19 times the number of Iowans who will die from auto fatalities.

For More Information:

[Iowa Comprehensive Cancer Control Program](#)

[Iowa Cancer Consortium](#)

[Iowa Get Screened](#)

[Iowa Care for Yourself](#)

Did you know?

Every year, almost 19,000 Iowans are diagnosed with cancer. Imagine 300 buses full of people — that's how many Iowans are told each year they have cancer. Nearly 150,000 Iowans are cancer survivors.

What does the department do?

- Manages four cancer programs: the [Care for Yourself Program](#) for breast and cervical cancer screening, Cervical Cancer Screening Program, [Comprehensive Cancer Control Program](#) (CCCP), and [Iowa Get Screened Program](#) for colorectal cancer screening.
- Increases breast, cervical and colorectal cancer screening rates, especially among low-income, uninsured and underinsured Iowans.
- Implements evidence-based interventions, which are proven activities that improve health and prevent disease.
- Saved 134 Iowans' lives from colorectal cancer by removing pre-cancerous polyps during a colonoscopy.
- Screened a total of 1,822 Iowans and provided 601 Pap tests, 539 human papillomavirus (HPV) co-tests, 1,468 clinical breast exams and 1,471 mammograms so far in fiscal year 2020.
- Collaborates with the Iowa Cancer Consortium and other partners to implement the goals and objectives of the [Iowa Cancer Plan](#).
- Provides HPV vaccinations to eligible men and women and provides HPV diagnostic services, as appropriate and recommended for women.
- Reached 23,619 Iowans ages 50-75 for colorectal cancer screening, including a total of seven health systems, 24 clinics and 147 healthcare providers in federally qualified health centers since federal fiscal year 2015.
- Maintains a network of 20 local boards of health, community health workers, and community agencies that serve disparate populations, and partner with more than 1,000 healthcare facilities across Iowa to provide direct breast and cervical screening services.



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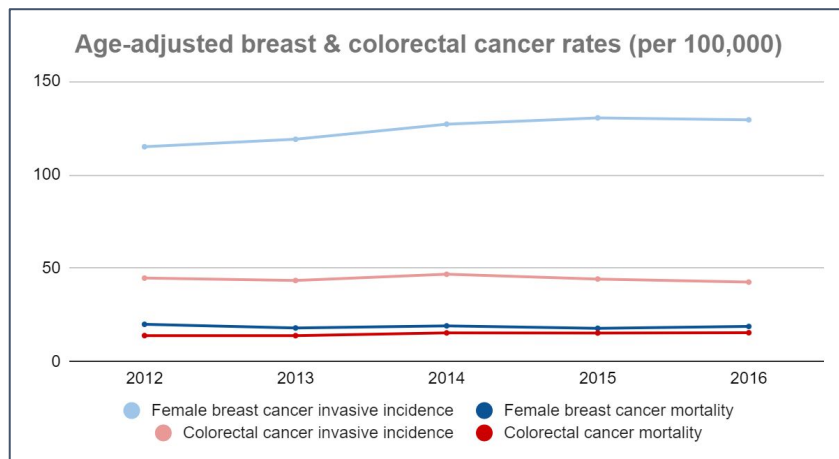
A focus on health equity

The cancer programs at IDPH focus on equity and use data to address cancer disparities based on geography (rural versus urban), age, socio-economic status, race, ethnicity, sexual orientation and gender identity.

The programs address access to quality and affordable cancer services and provide recommended cancer screenings to low-income, uninsured and underinsured Iowans.

The programs collaborate with many organizations focused on health equity. For example, the Comprehensive Cancer Control Program contracts with the Meskwaki Nation to promote cancer prevention and screening among its members. The Iowa Cancer Consortium includes health equity as a goal and priority in the Iowa Cancer Plan, which is a guiding document for anyone working in cancer prevention and control. The Care for Yourself Program contracts with One Iowa to promote cancer screening among LGBTQ+ people. The cancer programs at IDPH have also created culturally tailored materials in different languages.

How do we measure our progress?



What can Iowans do to help?

- Have regular age- and risk-appropriate cancer screenings and vaccinations. Talk to your healthcare provider about the screenings you need.
- Maintain a healthy weight and be physically active. Eat a healthy diet filled with fruits, vegetables and whole grains, and limit intake of processed meat and red meat.
- Do not use tobacco, or quit if you do.
- Avoid tanning beds and too much sun exposure.
- Avoid drinking alcohol. If you do drink alcohol, limit your intake (no more than one drink per day for women or two per day for men).
- Test your home for radon and mitigate if the radon level is above 4 picocuries per liter (pCi/L).
- Join the Iowa Cancer Consortium.

	SFY 2018 Actual	SFY 2019 Actual	SFY 2020 Estimate
Resources			
State Funds	\$664,858	\$852,627	\$868,017
Federal Funds	\$2,708,477	\$2,569,355	\$3,012,931
Other Funds	\$150,852	\$27,695	\$43,040
Total Funds	\$3,524,188	\$3,449,677	\$3,923,988
FTEs	9.21	8.20	9.70